

This week's Virtue of the Week will be **TOLERANCE**.

Monday: WHAT IS TOLERANCE?

To be tolerant is to accept differences. You don't expect others to think, look, speak or act just like you. Tolerance is being free of prejudice, knowing that all people have feelings, needs, hopes and dreams. To be tolerant also means to accept things you wish were different with flexibility and patience.

*Daily Reflective Question(s)

Tuesday: WHY PRACTICE TOLERANCE?

People who don't practice tolerance cannot stand to have anything differ from what they want and expect. Tolerance helps them accept things as they are. People without tolerance judge others by the way they look, sound, or dress. They decide who can be a friend and who can't. When people are teased or left out, they feel sad and lonely. When we are tolerant, we don't allow differences to drive us apart.

*Daily Reflective Question(s)

Wednesday: HOW DO YOU PRACTICE TOLERANCE?

Practicing tolerance is showing respect and appreciation for differences. You don't judge or tease someone who is different. You make them feel at home. You show forgiveness when someone makes a mistake. Tolerance does not mean being passive and letting someone hurt you. When that happens, you need assertiveness. When you are tolerant, you have patience and flexibility to accept the things you cannot change with good grace.

*Daily Reflective Question(s)

Thursday: SIGNS OF SUCCESS

Congratulations! You are practicing Tolerance when you...

- Accept differences
- Are free of prejudice
- Don't complain when uncomfortable conditions can't be helped
- Make others feel included by reaching out in friendliness
- Change yourself instead of trying to change others
- Accept people the way they are, faults and all

*Daily Reflective Question(s)

Friday: AFFIRMATION

I am tolerant. I overlook people's faults. I appreciate differences. I accept the things I cannot change with good grace.

*Daily Reflective Question(s)

Daily Reflective Questions:

What would Tolerance look like if...

- A new student comes into class wearing clothes you have never seen before?
- Others are making fun of someone because all he cares about is math?
- Your mother picks you up late for the third time this week?
- Another student keeps asking to share your lunch?
- You're on a school trip and it is hot and uncomfortable?
- Your sister has a really annoying habit she can't seem to change?
- A student keeps bullying you on the playground?

If someone wanted to play cards with you and your friend, and you were in the middle of a game, how could you be tolerant and assertive at the same time? What would you say?

What would you do if someone offers you drugs?

What is it like for someone who feels excluded because they are different?

What would you say if someone made a racist remark in front of you?

Name three things people can do to spread Tolerance instead of prejudice.

What are some things in your life that call for a tolerant attitude? (Things you wish were different.)

Everybody Smiles in the Same Language